

We offer a full array of Massage Therapies and Spa Treatments. Treatment Rooms are located onsite and reservations can be made by calling 404-712-6200. A Menu of Services is listed below:

Massage

Massage induces general relaxation, increases circulation and range of motion. It also flushes toxins from tired muscles to relieve aches and pains. Massage has a profound effect on the nervous system, which in turn rebalances the mind, body and spirit.

Swedish

25 min - \$55

50 min - \$85

80 min - \$115

Swedish Massage- Light and flowing strokes stimulate the lymphatic system and increases blood flow leaving you in a relaxed state of bliss. Wonderful for first time massage.

Therapeutic

25 min - \$60

50 min - \$90

80 min - \$130

This popular massage incorporates basic Swedish massage techniques with more specific neuromuscular therapies to relieve muscle soreness and restore the body to a natural state of relaxation.

Sports Massage

25 min - \$65

50 min - \$95

80 min - \$140

This massage is for the enthusiast to relieve tight sore muscles and to flush toxins that are stored from a strenuous workout. We incorporate facilitated stretching techniques to leave your body relaxed and ready for the next workout.

Aromatherapy Cleansing Facial Massage

50 min - \$90

Along with an invigorating facial reflex massage the therapist uses a professional line of facial products, to cleanse tone and tighten your skin. This is a wonderful addition to any therapy.

Hot Stone Therapy

50 min - \$100

80 min - \$145

Hot basalt lava stones are dipped in aroma oils and used to massage the body and warm the muscles. Utilizing Swedish techniques the deep penetrating warmth will melt away your tension and you will experience peacefulness and relaxation from the stones' healing energies.

Couples Massage

50 min - \$195

80 min - \$275

Especially for two! Available with any of our wide variety of massage choices.

Prenatal Massage

25 min - \$55

50 min - \$85

(3-9 mos.) Just when you need it the most, a massage focusing on tension areas to assist with the reduction of swelling and to soothe aching joints and muscles. This massage will leave our mother-to-be and baby relaxed and ready for the exciting times ahead.

Chair Massage

15 min - \$20

Available on any site at the Conference Center or Inn. Have a massage break and relax when there seems to not be enough hours in the day. Great for meeting incentives and promotions.

Aromatherapy Salt Glow

50 min - \$80

A blend of ancient mineral sea salts and aroma oils are massaged over the body to improve circulation and provide you with softer smoother skin. Excellent before a massage or other body treatments.

Arizona Mud Wrap

50 min - \$80

Mineral rich Sedona mud is massaged over the entire body and cleansed in our rain shower and ending with a light massage. This timeless treatment is known for its healing and detox properties, relieving aches, pains and leaving the skin fresh and restored.

Seaweed Gel Wrap

50 min - \$80

This moisturizing body treatment contains a high-potency French seaweed for detoxification and to replenish lost nutrients from your skin. Vitamin A provides the skin a soothing bonus, essential oils of lavender ensures a purifying and uplifting aromatherapy experience.

Paraffin Hands and Feet Treatment

25 min - \$45

Warm soothing paraffin wax is applied to the hands and feet ending with a massage of botanical crèmes. A wonderful addition to any therapy.

Packages – Use any of our therapies to customize a package for yourself or your loved one. Create a spa experience.

Reservations:

Spa reservations should be made directly with the spa by dialing 404-712-6200. To assist us in granting your preferred appointment time, please place this call promptly after reserving your guest room. **We recommend that services be booked prior to arrival or 24 hours in advance. Same-day appointments are gladly accepted, based on availability.** We look forward to serving you soon.

Cancellations:

Because spa services are booked by reservation, we ask that you notify us at least 24 hours in advance should you need to cancel or reschedule. The spa reserves the right to charge full value of the spa service for any cancellation or less than 24 hours notice.

Large Groups:

We welcome groups of any size and can accommodate most requests. Groups of six or more are charged 20% gratuity and are required to give 36 hours notice of cancellation to avoid cancellation fees.

Gratuity:

The spa fee does not include a gratuity charge except in parties of six or more. Gratuity should reflect guest satisfaction in the spa treatment.

Gift Certificates Available